

## Resources Available to Employers/Employees Compiled by San Juan Basin Health Department 9-5-09

**Preparing for the Flu: A Communication Toolkit for Businesses and Employers** This toolkit provides information and communication resources to help businesses and employers. [www.cdc.gov/h1n1flu/business/toolkit/](http://www.cdc.gov/h1n1flu/business/toolkit/)

**Guidance for Businesses and Employers to Plan and Respond to the 2009-10 Flu Season** at: These are excellent guidelines with concrete action steps laid out in the CDC [www.cdc.gov/h1n1flu/business/guidance](http://www.cdc.gov/h1n1flu/business/guidance)

**Eight Ways to Stay Healthy at Work:**  
[www.cdc.gov/h1n1flu/business/toolkit/waysyoucanstayhealthy.htm](http://www.cdc.gov/h1n1flu/business/toolkit/waysyoucanstayhealthy.htm)

**Do You Feel Sick** flyer  
[www.cdc.gov/H1N1flu/business/toolkit/pdf/StopDoYouFeelSick\\_8x11.pdf](http://www.cdc.gov/H1N1flu/business/toolkit/pdf/StopDoYouFeelSick_8x11.pdf)

**Hand-washing flyers** for posting at  
[www.publichealth.va.gov/flu/materials/posters\\_hand\\_hygiene.asp](http://www.publichealth.va.gov/flu/materials/posters_hand_hygiene.asp)

### Local FLU Prevention Posters

San Juan Basin Health Department created a poster on flu prevention available in two sizes (8.5x14 and 11x17) you can download and print them at [www.sjbhd.org/en/h1n1-resources](http://www.sjbhd.org/en/h1n1-resources) or pick them up at the Health Department (281 Sawyer Drive, Bodo Park). Also available with brown or green backgrounds.

**Get the Facts About H1N1 powerpoint available:**  
You can present this powerpoint at staff meetings or email to staff. If interested, contact [jlooney@sjbhd.org](mailto:jlooney@sjbhd.org) or call 247-5702, ext. 1605.

**Social Media Tools for Consumers and Partners:** CDC's Social Media page contains links to widgets, mobile info, buttons, e-cards, RSS feeds, twitter/microblogs updates, image sharing, social networking and more.  
[www.cdc.gov/socialmedia/](http://www.cdc.gov/socialmedia/)

**Add a widget to your business website or send Health e-cards!**

**Ready Colorado** – [readycolorado.com](http://readycolorado.com) - has excellent information on home and business emergency preparedness.

The attached page has **key H1N1 resources for you and for you to share with your employees.**



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